



Carson High School

April, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
	<b>5:30pm-7:30pm BOYS SOCCER CONDITIONING @ Soccer Field</b>	<b>5:30pm-7:30pm BOYS SOCCER CONDITIONING @ WEIGHT ROOM</b>				

May, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	2	3	4
5	<b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	6 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ WEIGHT ROOM	7 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	8	9	10
12	<b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	13 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ WEIGHT ROOM	14 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	15	16	17
19	<b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	20 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ WEIGHT ROOM	21 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	22	23	24
26	<b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	27 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ WEIGHT ROOM	28 <b>5:30pm-7:30pm BOYS</b> SOCCER CONDITIONING @ Soccer Field	29	30	31

June, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2		3 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	4 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	5 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	6	7 8
9		10 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	11 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	12 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	13	14 15
16		17 <b>5:00pm-6:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	18 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	19 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	20	21 22
23		24 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	25 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	26 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	27	28 29
30						

July, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	2 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	3 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	4	5 6
7		8 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	9 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	10 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	11	12 13
14		15 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	16 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	17 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	18	19 20
21		22 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	23 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	24 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	25	26 27
28		29 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ STADIUM	30 <b>5:00pm-7:00pm</b> BOYS SOCCER CONDITIONING @ WEIGHT ROOM	31		