

Winter Track Info: 2024-2025

Scan for Band App

Sprints/Hurdles/Jumps:

Start Date: 12/3/24, 2:30 in the weight room

BAND QR Invite code

Practice: Tuesday & Thursday



Distance:

Start Date: Same as sprinters

Remind App: Text @carsondist to 81010

Practice: Cross Country Break/Others join sprinters

Throws:

Start Date: 1/7/25

BAND QR Invite code

Practice: Monday - Thursday

Good Shoes!!! Reno Running Co. : TBA

Google Classroom: [b663wza](#) (make sure that you fill out pre-season release of liability/permission form)

End of pre-season indoor track meet:

All Comers Dec 14 Reno convention center. Athletes will pay their entry fee. (Approximately \$10)

USATF Indoor Track at Reno Convention Center 12/27-29 and 2/1-2

Students will have to pay for their registration USATF membership in order to compete. More information will be available closer to the event.

Not a CHS Sanctioned Event: Students will be traveling as a club.